Dentist-to-be Elok Cheung Yi Lok Wins 1st place in Behavioural Science and Health Services Research on Project for Recovering Drug Addicts

When was the last time you visited the dental clinic? While many would go to the doctors for regular checkups, there were far fewer people go to the dentists for regular checkups. A year 6 Dental student, Cheung Yi Lok, Elok, has conducted research on Oral Health Issues in Recovering Drug Addicts, winning 1st place in the IADR-SEA Research Category Award – Behavioral Science and Health Services Research.

Elok and her teammates have investigated the oral health problems in recovering drug addicts and provided dental treatments for them. After conducting surveys, her team found that financial difficulties and the lack of oral health knowledge as two of the major reasons why these patients did not have routine dental checkups. Wanting to raise awareness on dental health among the recovering drug addicts, a marginalized group we often ignored in the society, her team went beyond the research and provided oral health education, basic dental treatments and follow up dental cares voluntarily in the hopes of preventing oral diseases from occurring in the near future.

Elok would like to thank her teammates, supervisor Professor McGrath, partnering drug rehabilitation centres and more importantly, the patients who volunteered, for this programme would not be a success without them. It was a once-in-a-lifetime journey to go abroad and reached a wider range of patients with the faculty’s academic and financial support.

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