

Chui's Student Excellence Scheme (徐氏卓越學生計劃)
Li Man Yan
Scheme of Mobile Clinic – Pilot Trip 2018 (Mae Sot)
Learning Report

The experience that I had in the Scheme of Mobile Clinic – Pilot Trip 2018 (Mae Sot) was inspiring and rewarding. My team and I conducted meetings and conferences with the representatives from the Myanmar migrant schools in Thailand and organised field trips to pay a visit to the school in person. The exchange with the school principals and teachers has allowed me to understand the health challenges to the Myanmar migrant students. Health is a basic human right to all people, regardless of one's status, ethnicity or financial resources. However, the circumstances that the migrants are confronting are a dilemma limited by their informal identities. The local healthcare system is not able to protect the rights of all people. Sometimes the migrants have to bribe or take the risk of being arrested in order to see a doctor when they are sick. More often, the migrants do not seek medical help until they realise how serious the diseases are. Yet, the whole issue is very complicated because it involves health, legislation, border, refugee, human rights, resources and other political problems. Greater understanding about the migrants' situation is not only an opportunity enabling me to fulfill global citizenship and deepen my awareness as a global citizen, but it has taught me how to view the different issues with an international perspective, and inspired me on what I can do for the migrants.

Being interested in the global and local health policy, I understand more about the medical care system for the refugees and migrants upon the conferences with the local medical organisations and the community health leaders. Majoring in Speech and Hearing Sciences, I used to be more familiar with the secondary healthcare. This trip has developed my understanding about the primary healthcare and its execution in the remote area where constant medical access is not available. I believe that there are occasions and chances that a health professional may get involved in health policies formulation and management. In the trip, my team and I conducted some research on the Hong Kong health policy as well. The appreciation of the health systems in different places has helped me develop my profession for the future.

What is more, observation of the existing medical inadequacy in Mae Sot was conducted, and the local needs were ascertained in this Pilot Trip, which facilitated the planning and execution of the mobile clinic scheme in 2019. For instance, the team discussed which specialty of medical professional that the population needs most and the present community diseases in relation to the migrant workers' family as well as occupational backgrounds with the regional health leaders. Besides, we identified the equipment and resources that the schools have and the tools that we can find locally so as to better coordinate the logistics for the mobile clinic in 2019. We explored the possibility of following up the medical cases locally to a clinic that is farther away from the villages by connecting and discussing the management and potential support with the clinic.



A conference with the head of the migrant school group BMWEC



Meeting with the school teachers of a migrant school called Bwek Lar School



School Visit 1



School Visit 2



Observation of the school equipment



Observation of the venue for mobile clinic