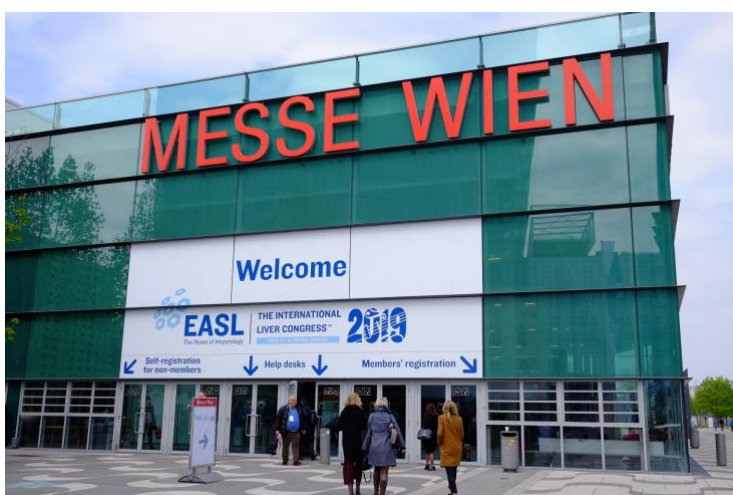


## Learning Report

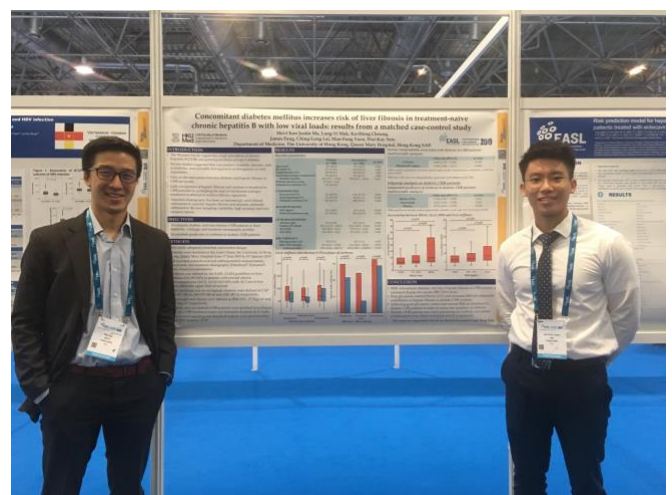
I attended the International Liver Congress 2019 held in Vienna, Austria in 10th-15th April 2019. I was the first-author of my research study titled “Concomitant diabetes mellitus increases risk of liver fibrosis in treatment-naïve chronic hepatitis B with low viral loads: results from a matched case-control study”. I presented my research findings in the poster presentation section. The audiences are doctors, researchers, and hepatologists from different countries. I explained to them my research study objectives, study design, methodology, analysis and results. The internal and external validity of my research study and the possible impact on the management of the corresponding patient group were also discussed.

Apart from the poster presentation, I attended several postgraduate courses, which were about research think tanks, lectures and case studies on liver diseases. They are organised by professors of internal medicine. Through attending these educational sessions, I learnt a lot about the basic sciences, clinical diagnosis, and management in hepatology.

This learning experience has made me grow as a junior researcher and increased my knowledge in the field of hepatology. Through the wide variety of learning activities and seminars, I had the opportunity to discuss with experienced doctors and researchers about the current problems in hepatology, research directions and future prospects of the development of the whole field. This conference gave me opportunity to present to the world my research result as well as to widen my horizon about the researches going on around the world. I have acquired a ton of knowledge that would surely be helpful in my future medical career. In conclusion, I perceive this learning activity as a great milestone in my medical career development. I am also grateful for having a chance to meet medical professionals who led me through the research year and this overseas learning activity. I will continue to strive for knowledge and skills in medicine, and hope to be a successful scientist and doctor in the future.



At the venue



Poster presentation. Dr. Seto Wai Kay (Left); Me (Right)